



The Path to a Happy and Healthy Workforce Through a Physician Led Program

FOR A LOW MONTHLY FEE PER PARTICIPANT, YOU COULD:

- ✓ Ensure convenient, timely access to appropriate care
- ✓ Personalize care coordination to help improve the health and wellness of your employees
- ✓ Reduce absenteeism while increasing engagement and productivity which leads to better retention

Unlimited Primary Care

- Same day sick visits
- On-site diagnostic testing for acute illnesses
- Chronic condition management
- Annual wellness visits
- Pediatric Urgent Care - seeing children 2 years and older
- Telemedicine

Personalized Exercise Programs

Personalized one-on-one visits with a trainer to get your employees started on their fitness journey

Employee Assistance Program (EAP)

Voluntary, confidential, and no-cost benefit to employees provides counseling, coaching support, and crisis services to help employees work through various life challenges that may adversely affect job performance, health, and personal well-being

Laboratory

Routine lab tests

Pharmacy

Customized prescription formulary and generic routine prescriptions

Nutrition Counseling

Personalized nutrition counseling with a registered dietitian

Health Risk Assessments

Helping members to identify and understand their health risk with the guidance of a health coach that will provide feedback and actions that can be taken to reduce those risks

Additional Services

Travel medicine, COVID-19 workplace safety, mental and emotional health, tobacco cessation, and many other services could be added to your personalized plan

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